



# Physical Education

## Tennis Year 5

### Unit Purpose

The unit of work will **challenge pupils** to apply their prior learning of playing the ball into space. Pupils will begin to develop their ability to serve and to volley. Pupils will be able to **create tactics** in a doubles game in order to score points and win the game.

### Inspire Me

The **'Big Three'** is a common tennis term for Roger Federer, Rafael Nadal and Novak Djokovic. Between them they won 18 consecutive slam titles between 2005 and 2009. Who is your favourite player and why?



### Key Success Criteria

- P** Pupils will be able to execute a wide range of shots and play the ball into space. Pupils will be able to serve the ball accurately to start the game.
- C** Pupils will understand where to serve and why. Pupils will begin to create, understand and apply tactics in their games.
- S** Pupils will apply effective communication and cooperative skills as they work with their partner in doubles games.
- W** By facilitating learning through doubles games, pupils will be challenged to always try their best, even when they are losing.

### Vocabulary for Learning

- Tactics:** Tactics are a carefully planned set of actions that are used by a team or an individual to attain a certain goal.
- Outwit:** means using your intelligence to trick or out smart your opponent to win a point.
- Space:** is an open area on the court that is unoccupied by your opponent. This could be at the side, front or back of the court.
- Accuracy:** is the ability to control where we hit the ball on our opponents side of the court.



### Sport Specific Vocabulary

- Forehand:** A forehand is a shot in which the palm of your hand faces the direction in which you are hitting the ball.
- Backhand:** A backhand is a shot in which you hit the ball with your arm across your body and the back of your hand facing the ball.
- Volley:** Is a shot hit by a player before the ball bounces on their own side of the court. This shot is usually applied when a player is close to the net.
- Serve:** Is the method of starting a game of tennis. A pupil serves from the baseline and the ball must be hit diagonally into the opponent's service box.

